

# Alcohol and Drugs: Risk, Danger, Pressure, Choice Discussion Cards



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association **Programme of Study**.

## Alcohol and Drugs: Risk, Danger, Pressure, Choice Discussion Cards

### RISK

You get invited to a party with some older children. You know that some of them smoke and drink alcohol. What's the risk and what should you do?



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### DANGER

You are at the park with a group of people you don't know very well. You say you have a headache so one of them offers you a pill. What's the danger? What should you do?



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### PRESSURE

You want to fit in with the kids at your new school. At lunchtime, a group of them all smoke cigarettes and try to persuade you to join them. How can you resist this pressure?



### CHOICE

You receive a message on social media about a 'fun dare' that everyone is doing, where they have to inhale deodorant or hairspray. What choices do you have?



### RISK

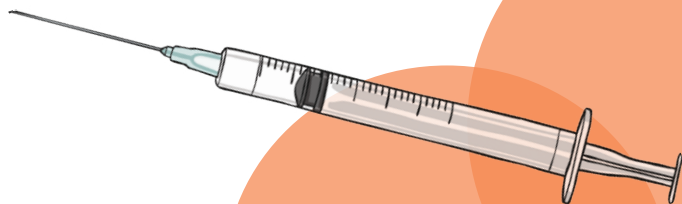
An older child who lives on your estate says they can buy you and your friends some alcohol if you want them to. What's the risk and what should you do?



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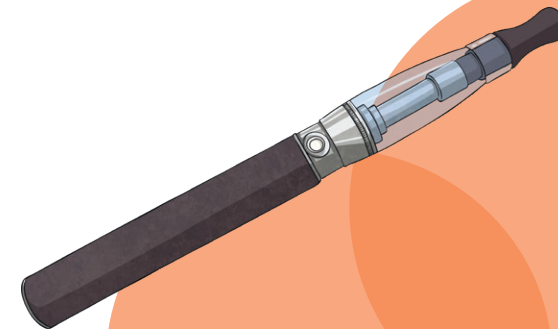
### DANGER

You and a friend are at the park and you find a syringe on the ground. What's the danger and what should you do?



### PRESSURE

A friend suggests you try an e-cigarette they have taken from their home and says you're a chicken if you don't. How can you resist this pressure?



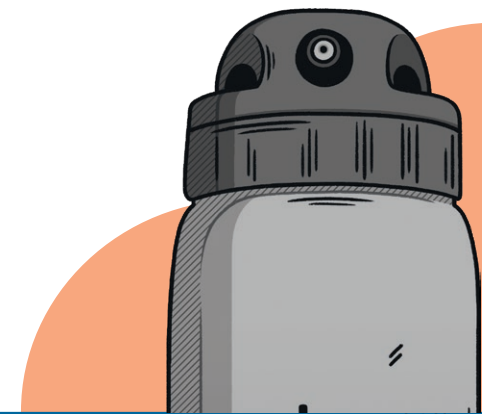
### CHOICE

At a friend's party, you are offered a choice of lemonade, juice, water or cola. Which choice contains a drug?



### RISK

Some older children you know from your area are at the park, sniffing something from aerosol cans. They see you and call you over. What are the risks?



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### DANGER

Your friend's parents give you a lift to football every Saturday. They always smoke in the car on the way there and back. What's the danger? Who could you tell?



### PRESSURE

A friend invites you to their party but says you can only come if you bring some alcohol. How can you resist this pressure? What might you say or do?



### CHOICE

While playing in the woods during the summer holiday, a friend sees some mushrooms and suggests you both try them to see if they are magic mushrooms. What informed choice could you make?



### RISK

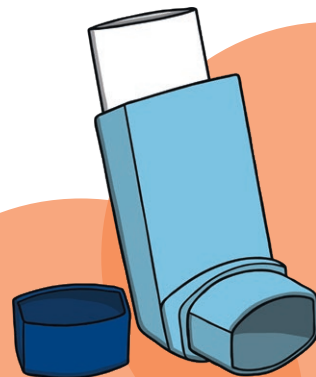
A friend wants you to help spray-paint their bike. You're both in a small shed with no windows and the door is shut. What are the risks?



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### DANGER

You are at a friend's house and have a nasty cough. They tell you to try using their asthma inhaler. What's the danger? What should you do?



### PRESSURE

A new person at school is handing out colourful little pills. All your friends are taking them. How can you resist this pressure? What might you say or do?

