



Transition

Booklet

2020

Name _____

All About Me

Age _____

Class _____

Members of my family

My favourite:

Animal _____

Colour _____

Food _____

Sport _____

TV show _____

**My favourite things
to do:**

My Current School

The things I like best about school are:

At school it helps me when:

What I am most proud about:

Proud Moments

I have been trusted with these responsibilities:

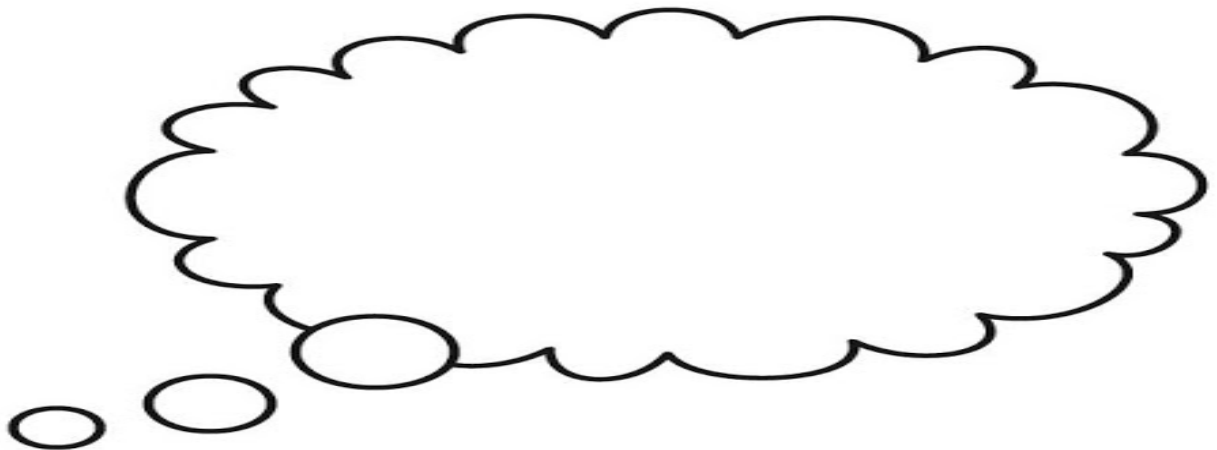
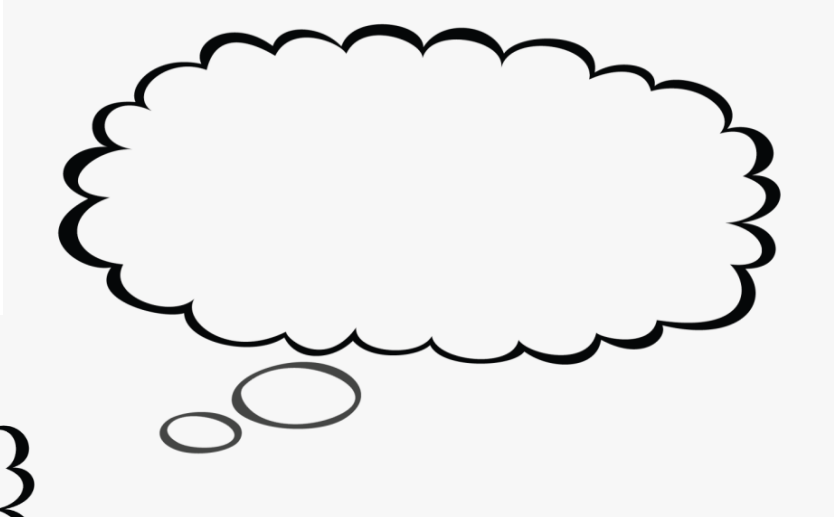
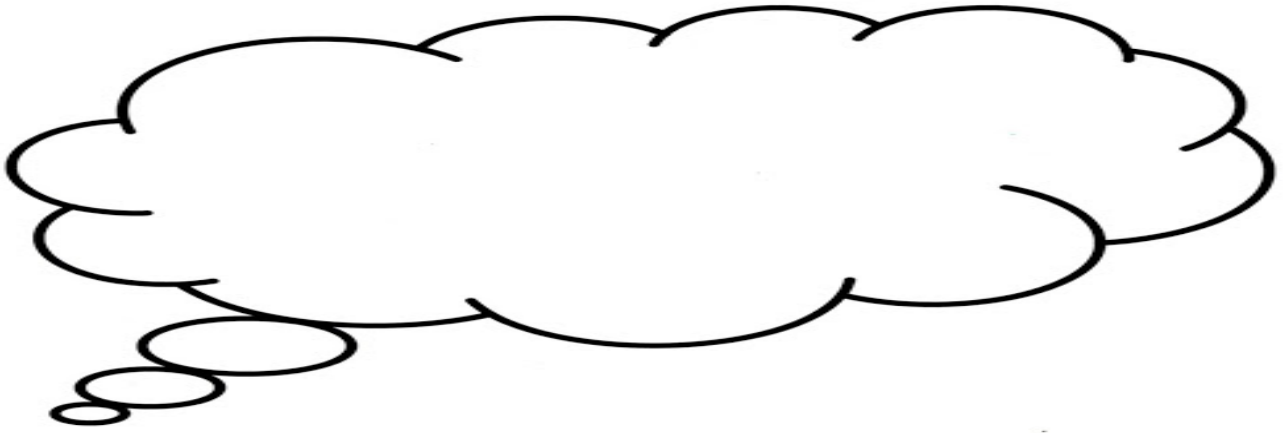
I have been a member of these clubs:

At school I have been part of.....

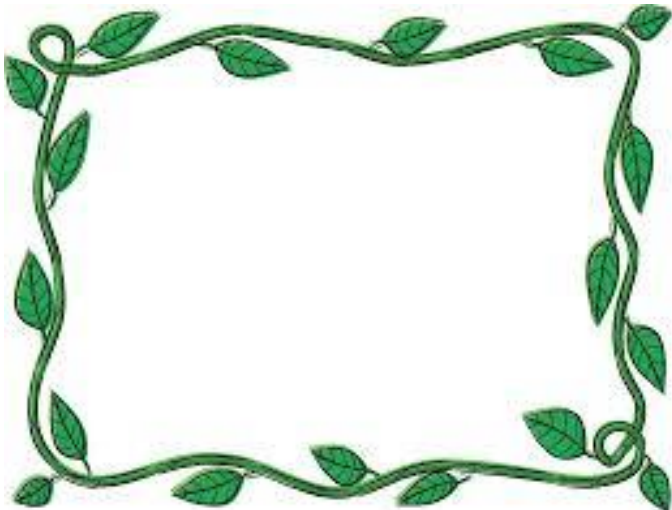
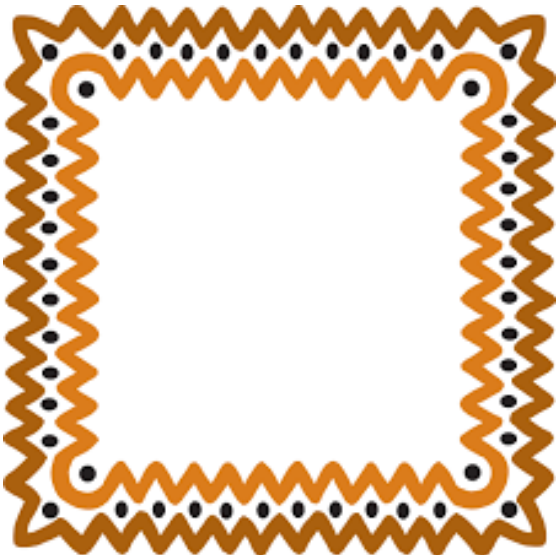
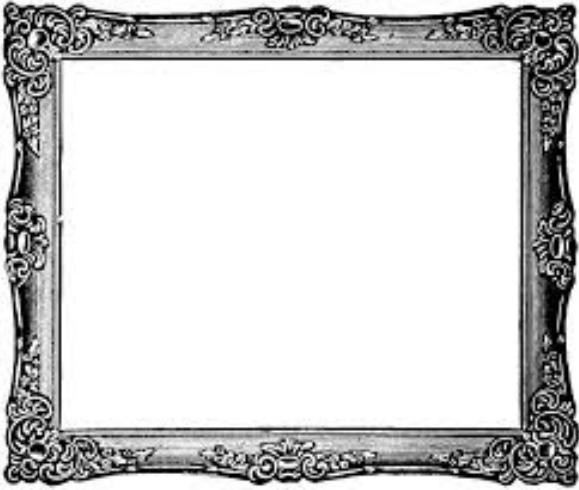
The school work I am most proud of is.....

I have learnt some difficult, new things, like....

Memories



My Friends



Feelings about Transition

What are you looking forward to?

What are you worried about?

What do you want to achieve?

How did other people feel?

I was worried about getting lost, but the school wasn't as big as I had thought.

I was worried the teachers would be scary and shout a lot, but they were friendly and helpful just like my primary teachers.

I was worried about the new lessons that I hadn't done before but I love them now. There are more options for PE, and DT, music and art are all better than in primary school!

I was worried about getting to lessons on time, but there were lots of students willing to help. They were really friendly and pointed us in the right direction if we got lost.

I was worried about how much work and homework there would be, and that I wouldn't understand it. I didn't need to worry; the work was linked to what we already knew so it wasn't much harder than primary.

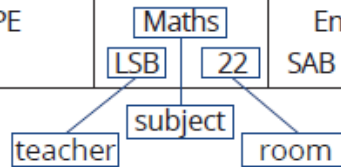
I was worried about bullying. In the first week at school our form tutors talked to us about the bullying policy and who we could talk to if we saw any bullying in school. I felt safe knowing that my teachers were there to speak to if I had any worries.

I was worried about not making friends, but now I have new friends as well as my friends from primary school. You spend lots of time together in lessons and form time so there are lots of chances to get to know people.

How is Secondary School Different?

Time tables and Lessons

| | Mon | Tues | Wed | Thurs | Fri |
|-------|----------------------|--------------------|----------------------|----------------------|--------------------|
| Tutor | ADZ 101 | ADZ 101 | ADZ 101 | ADZ 101 | ADZ 101 |
| P1 | Science XTE 216 | English SAN 147 | Maths LSB 222 | Science MSA 236 | DT MES 137 |
| P2 | French ADH 202 | Ethics TOM 226 | English SGM 105 | Maths JMK 229 | DT MES 137 |
| P3 | English SAB 107 | French ADH 202 | History SHA 219 | Art ARS 141 | French ADH 202 |
| P4 | Computing EAH 212 | Music JLS 127 | Geography EGS 218 | Geography EGS 218 | Science KTN 234 |
| P5 | History SHA 219 | PE LPT | Science SLT 238 | Science KTN 234 | English SAN 147 |
| P6 | Science MSA 236 | PE LPT | Maths LSB 222 | English SAB 107 | Maths ADB 220 |



What do you need to bring to school?

How will you travel to school?

What can you have for lunch?

What will you do if.....

You miss the bus?

You feel unwell?

You find you have no money in your account for lunch?

You forget your PE kit or homework?

You get lost?

Secondary School

Name:

Address:

Telephone number:

Email:

Website:

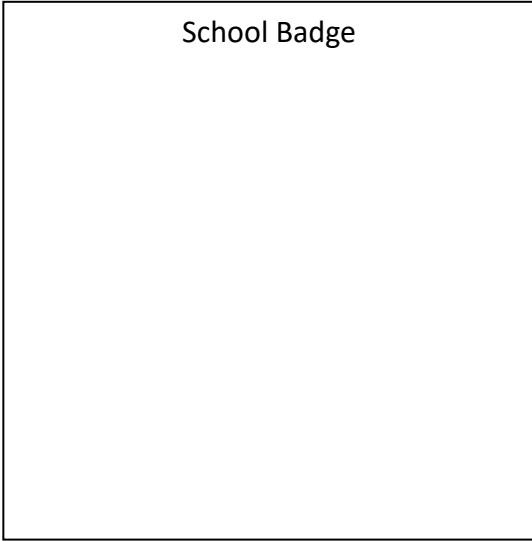
Head Teacher:

Head of year 7:

Form Tutor:

Pastoral Support:

School Badge



Use your school's website to answer the following questions.

What time does the school day start and end?

What date does the school term start in September?

What date do the Christmas holidays begin this year?

Does the school have houses? What are they called?

Find the uniform policy. What are the expectations around uniform and PE kit at your new school?

What extracurricular or enrichment activities are available? Are there any that you would like to join?

What else can you find out about your new school?

Top Tips



Remember that everyone in your year is going through the same thing as you, you're not alone.

Don't be afraid to ask for help.

It's not that different to primary, once you get used to having different teachers.



Try not to lose your timetable. Take a photo of it so you have a backup on your phone and give your parents a copy to stick up at home too.

Never underestimate the value of a routine - it helps to have set times of the week when you get your homework done.

Stay in touch with your primary school friends.

Year 7 is so much better than primary. After the first few days, you don't worry anymore as it will feel like you've always been there.



Be enthusiastic!

Teachers don't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.

Be organised!

Make sure you have the right books and equipment with you for each lesson.

Be resilient!

Sometimes things won't go your way - they will be difficult or unfair or embarrassing. This is normal and happens to everyone, so don't worry. Just say to yourself, 'tomorrow's another day'...

Be brave!

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!

Be honest!

If you do something wrong or forget something, it's much better to own up straight away.

Be prepared!

Look at your timetable and make sure you know where to go and when.

Be yourself!

Believe in yourself! You can do it!

Be kind!

If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.

Words of Wisdom

"Nothing is impossible. The word itself says, 'I'm possible!'"
Audrey Hepburn
Actress
1929-1993

"If you can dream it, you can do it."
Walt Disney
Animator and Entrepreneur
1901-1966

"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose."
Oh, The Places You'll Go!
by Dr. Seuss

"By failing to prepare, you are preparing to fail."
Benjamin Franklin
Politician and Statesman
1706-1790

"The secret of getting ahead is getting started."

Mark Twain
Author
1835-1910

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."

Thomas Edison,
Inventor (of the light bulb amongst other things) and
Businessman 1847-1931

